

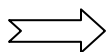
# Elim Youth Handbook

## Arrival and Departure



- Staff arrival on August 20<sup>nd</sup> at 1000.
  - Campers should be there on Sunday August 22<sup>rd</sup> by 1400.
  - Departure time on Friday August 27<sup>th</sup> from 1300 to 1400.
- 
- **Medical policy:** Elim Community Church requires each camper to have a Sports/Camp medical examination within 12 months of the opening day of camp. The Physicians Statement of Examination being filled out must verify this exam. The authorization for treatment on the statement of health section must be signed. All prescription medication must be brought to camp in their original containers with prescribed instructions. **For more information contact the Pastor or Kayla Alexander.**
  
  - **What to bring:** Sleeping bag, pillow, sleep wear, flashlight, towels, wash cloths, personal care items, radios, CD/tape player, batteries, sneakers, extra shoes, swim wear, appropriate clothing (**Elim Community Church rules apply**), Bible and notebook, a pen/pencil, camera and film, gloves, work clothes, and old shoes.
  
  - **NOTE:** cell phones must be turned in or turned off during Camp (**except for staff personal**).
  
  - **What not to bring:** TV's, hand-held video games, improper magazines and books, knives, firearms, drugs, cigarettes/tobacco, fireworks, snacks, **and Bad attitudes.**
- 
- **Emergencies:** For emergencies you may contact the Pastor by calling 207-632-5620 Pastor's cell.
- 
- **All Visitors must be cleared through Pastor prior to Camp beginning (please note: Visitation is allowed only at set times according to the schedule).** If you would like more information, please see Pastor.

- **Rules and Regulations:** These rules are given as guidelines for every camper to follow. This code of conduct has been established for your protection and the benefit for every person present. They must be obeyed at all times. You have pledged yourself to abide by this code during the week you are here.
  - All must observe the daily schedule and attendance at all camp activities are required.
  - No one is to leave campgrounds without specific permission from Pastor
  - All cars will be parked at the designated area. Keys must be turned in upon arrival to the Camp Administrator, unless you're a member of the staff.
  - Each camper will perform his/her duties as part of the privilege of being here.
  - Rooms and grounds must be kept clean at all times.
  - Guys and Gals are not allowed in each other's sleeping or bathing areas.
  - You must obey all of the Staff, Camp leaders and Team leaders at all times.
  - Card games can only be played during free-time and only games that Pastor would approve (no poker type games...).
  - Personal CD players will be allowed for nighttime usage only, as long as your bunkmates are not disturbed by the noise...
  - The Water area is off limits except during supervised water events.
  - No camper is allowed to go beyond his or her neck (in depth) when in the water unless otherwise stated.
  - NO campers are allowed in the Staff/ Kitchen area without permission...
  - **Important: Please do not mark or carve on any of the buildings or trees, etc...**
  
- **IMPORTANT:** There will be no cheating allowed... duh! This includes all parts of the Camp: from the Games, Kitchen duties, Work Service, Bed times etc... **(If you choose to cheat you will be expelled from the Camp and your team will lose that event)** There will be no behavior that we as a Youth group would not allow or sanction i.e. No name calling, No anger fits, No sulking, No attitude, no, no, no... **you get the point!**
  
- **Dress code:** The camp dress code will be the same rules that have applied at all ECC church functions. If you have any questions about this please contact the church office or Pastor.



**The lack of cooperation, unnecessary roughness, lack of respect of property and person, or an unwholesome attitude on the part of any camper will result in expulsion from camp. Parents are asked to help explain these rules to their young people and encourage compliance while at camp. Parents will be responsible for the transportation home of any dismissed camper.**

# 2010 Youth Camp Schedule

## Sunday

- ❑ **1400 to 1500-- Registration**
- ❑ 1500 to 1600 – Setup Camp-site / Mr. Dumont time
- ❑ 1600 to 1730 – Team Building Time...
- ❑ **1730 – Dinner**
- ❑ **1830 to 1930 – Pastor with the campers...**
- ❑ **1930 to 2230 -- Team Building time...**
- ❑ **2230 – Lights out all campers in their racks...**

## Monday

- ❑ 0630 – Rise and Shine for the teams – clean up!
  - ❑ **0730 – Breakfast**
  - ❑ **0800 – Morning Devotions by Team Leaders** +
  - ❑ **0830 – Pre-work Warm-up!**
- 
- ❑ **0900 to 1130 -- Service projects**
  - ❑ 1130-1200 Clean up from Service projects
  - ❑ **1200 – Lunch**
    - **1230 – Afternoon Staff meeting with Campers**
- 
- ❑ **1300 to 1600 -- Games and more Games**
  - ❑ 1600 to 1730 – Free and Team time... +
  - ❑ **1730 – Dinner**
- 
- ❑ **1830 – Evening Worship Service**
  - ❑ **1930 – Fireside chat/Marshmallows, Team and free time...**
  - ❑ **2230 – Lights out all campers in their racks...**

### **Color key:**

- ❑ *Meal time*
- ❑ *Church services*
- ❑ *Work project*
- ❑ *Sports and Games*
- ❑ *Free Time*
- ❑ *Wake up and go to sleep*

## Tuesday

- ❑ 0630 – Rise and Shine for the teams – clean up!
  - ❑ **0730 – Breakfast**
  - ❑ **0800 – Morning Devotions by Team Leaders** +
  - ❑ **0830 – Pre-work Warm-up!**
- 

- ❑ **0900 to 1130 -- Service projects**
  - ❑ 1130-1200 Clean up from Service projects
  - ❑ **1200 – Lunch**
    - **1230 – Afternoon Staff meeting with Campers**
- 

- ❑ **1300 to 1530 – Camp NAP time...**
  - ❑ 1530 to 1730 – Free and Team time... +
  - ❑ **1730 – Dinner**
- 

- ❑ **1830 – Evening Worship Service**
- ❑ **1930 – Fireside chat/Marshmallows, Team and free time...**
- ❑ **2230 – Lights out all campers in their racks...**

## Wednesday

- ❑ 0630 – Rise and Shine for the teams – clean up!
  - ❑ **0730 – Breakfast**
  - ❑ **0800 – Morning Devotions by Team Leaders** +
  - ❑ **0830 – Pre-work Warm-up!**
- 

- ❑ **0900 to 1130 – Service Projects**
  - ❑ 1130-1200 Clean up from Service projects
  - ❑ **1200 – Lunch**
    - **1230 – Afternoon Staff meeting with Campers**
- 

- ❑ **1300 to 1600 -- Games and more Games**
  - ❑ 1600 to 1730 – Free and Team time... +
  - ❑ **1730 – Dinner**
- 

- ❑ **1830 – Evening Worship Service**
- ❑ **1930 – Fireside chat/Marshmallows, Team and free time...**
- ❑ **2230 – Lights out all campers in their racks...**

## Thursday

- ❑ 0630 – Rise and Shine for the teams – clean up!
- ❑ **0730 – Breakfast**
- ❑ **0800 – Morning Devotions by Team Leaders** +
- ❑ **0830 – Pre-work Warm-up!**

---

- ❑ **0900 to 1130 -- Service projects**
- ❑ 1130-1200 Clean up from Service projects
- ❑ **1200 – Lunch**
  - **1230 – Afternoon Staff meeting with Campers**

---

- ❑ **1300 to 1600 – Championship Playoffs...**
- 1600 to 1730 – Free and Team time... +
- ❑ **1730 – Dinner**

---

- ❑ **1830 – Evening Worship Service (Q&A time)**
- ❑ **1930 – Talent Night...**
- ❑ **2230 – Lights out all campers (except Seniors) in their racks...**

## Friday

- ❑ 0700 – Rise and Shine for the rest of the teams – clean up!
- ❑ **0730 – Breakfast**
- ❑ 0800 – Cabin/Ground clean up & Staff meeting... +

---

- ❑ **0930 to 1000 – Team practice time**
- ❑ **1000 to 1100 – Team Skits, Team Challenges...**
- ❑ **1100 to 1200 – Clean up camp site...**
- ❑ **1200 – Lunch**

---

- ❑ **1300 Clean-up!**

**NOTE: The following icon + indicates when Sick Call is open, please see the Pastor, Danny or Kayla...**

# The Meal Plan

	<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>
<b>Sunday</b>	<b>(Staff Breakfast)</b>	<b>(Staff lunch)</b>	<b>Chili w/rice, Corn Bread, Salad, Cookies</b>
<b>Monday</b>	Scrambled eggs, bacon, home fries, pancakes, pop-tarts, Cereal, Cream of Wheat, Oatmeal, juices	Hot Dogs, with chili, Chips and Fruit	Tacos (Taco fixings), Taco Salad, Refried Beans, Soft shell, Hard shell, Brownies and Ice Cream
<b>Tuesday</b>	Breakfast Sandwiches (egg, cheese, sausage patty), pop-tarts, cream of wheat, oatmeal, home fries	Tacos (Taco fixings), Taco Salad, Refried Beans, Soft shell, Hard shell...	Corn Chowder, Italian Bread, salad, Lemon Squares
<b>Wednesday</b>	Scrambled eggs, bacon, home fries, waffles, pop-tarts, Cereal, Cream of Wheat, Oatmeal, juices	Build Your Own Burgers, Chips, Fruit  Both Meat and Veggie...	BBQ Chicken, Corn, Salad, Blueberry cake and Ice Cream  <b>NOTE:</b> Pastor will be cooking his famous Manly Potatoes this week...
<b>Thursday</b>	Breakfast Sandwiches (egg, cheese, sausage patty), pop-tarts, cream of wheat, oatmeal, home fries	Sloppy Joes, Chips, Fruit	Pastor's Surprise (Chicken/Sausage Gumbo), Garlic bread, Salad, Peach Cobbler, Toasted Marshmallow
<b>Friday</b>	Scrambled eggs, bacon, home fries, pancakes, pop-tarts, Cereal, Cream of Wheat, Oatmeal, juices	Cold Meat Sandwiches, Chips, Fruit	<b>Back to your normal food choices at home....</b>

## Team Assignments

### Team 1 (Navy Blue)

**Genna Herbert**

### Team 2 (Dark Green)

**Crystal Mansir**

### Team 3 (Red)

**Michael Dumont**

# **Sleeping Arrangements:**

## **Dumont Cabin (STAFF HQ)**

1. Room 1 – Lesley
2. Room 2 –
3. Room 3 –
4. Back Room – Pastor

## **Brown Cabin (all the Boys)**

1. Team 1
2. Team 2
3. Leader:

## **Mouse Cabin (Camp Staff)**

1. Leader: Pastor Michael and Mr. Mouse

## **Papa Bear Cabin (all the Girls)**

1. Team 1
2. Team 2
3. Leader:

## **Momma Bear Cabin**

**Pastor is located in the back room of the Dumont Cabin (room 4) if there are any emergencies or needs...**

# Don't Feed The Bears!



August 22-27, 2009

**Handbook**